

# Heart speaks to heart...

During the retreat you will experience the following ways of praying:

Coming to stillness

Daily awareness

Praying with scripture

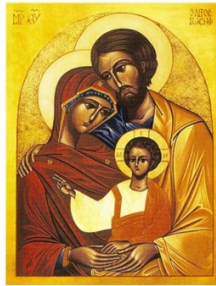
Praying with art

Imaginative meditation

Silent contemplation

Eucharistic adoration

Journaling



## Retreat team

Patricia Carroll  
Sr Kathleen Curran UJ  
Juliet MacKellaig

## For more information

Parish contact Pat Cairns  
[pmcabb@o2.co.uk](mailto:pmcabb@o2.co.uk)

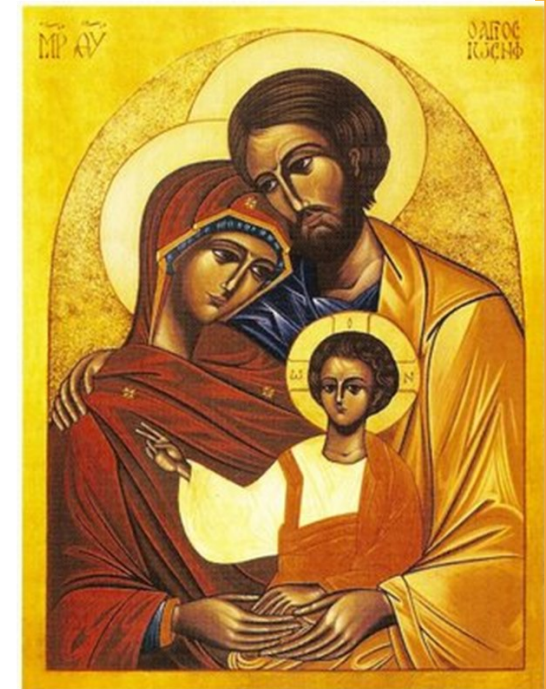
Pastoral Resources Department  
Archdiocese of St Andrew's and Edinburgh  
[yvonne.fleming@staned.org.uk](mailto:yvonne.fleming@staned.org.uk)

**Suggested donation £10 per person for the week.**

Did not our hearts burn  
within us?



# St Peter's Parish Retreat



Journeying together  
as a family  
towards God

Mon 27th Feb—Fri 2nd March 2012

# Journey together as family



The inner journey towards God is the most important one we will ever make.

To encourage you on this journey your parish is offering you the opportunity to journey together as a family for a week of parish retreat.

You will be invited to take part in one session each day, Monday to Friday facilitated by a retreat guide.

O, open your hearts friends...  
we will rejoice in the Beloved together.

Psalm 34—Psalms For Praying Nan C Merrill

During this hour you will have the opportunity to pray on your own with the suggested theme for the day. It will be a chance to experience various different traditional methods of prayer that speak to your heart to nourish your relationship with God

The retreat will close with the celebration of the Eucharist and the sharing of food together on the Saturday.

My Beloved lifts up His voice and says to me  
“Come then , my love , my lovely

Song of Songs 2:10



This retreat will take place in your parish between 27th Feb and 2nd March offering you a choice of one of three sessions per day chosen from the following:

- **Morning sessions:** 9.30am after morning Mass!
- **Afternoon sessions:** 2.00pm before picking children up your from school!
- **Evening sessions:** 7.30pm after a hard working day!

one, come...”